



ENGLAND
HOCKEY

CLUB
MARK

START THE SEASON WITH A BANG



Folkestone Optimist Hockey Club welcome you to Club Day Come down and play, learn a new sport renew acquaintances or just get fit, or just bring a friend. Suitable for all ages, we run 4 Ladies sides, 7 mens and numerous junior sides. Look on our website if you want to know more or email using contact details below - we look forward to seeing you on the 2nd.



Your Local Hockey Club

HOCKEY FEST

Sat 2nd September

Website: <http://www.folkestone-optimists.co.uk/>
Contact: Enquiries FOHC@outlook.com

Junior, Mens and Ladies.
Ladies and Mens 1st XI
Exhibition matches