

Flyerz HOCKEY



Here in England disability hockey is limited within clubs. That needn't be the case. Hockey is a sport that's easily adapted to different ability levels, so there's huge potential for hockey to become one of the leaders in disability inclusion. Our vision at Folkestone Optimist Hockey Club is that anyone who wants to play hockey can play hockey.

We want disabled children, young people and adults to have access to hockey coaching and competition. This will only become reality if we, the hockey family, make it happen. Folkestone Optimist Hockey Club (FOHC) is starting up disability hockey in our club. It's not just the Olympians who can inspire: we intend to inspire



FOHC are running sessions at 3 Hills Sports Park (CT19 5JU). There is no cost involved and all equipment will be provided. **Dates: Tuesdays 1730-1830**

16/10, 23/10, 30/10, 6/11 and 13/11

If you wish to know more or register your interest please email enquiriesFOHC@outlook.com

For more information regarding Flyerz Hockey please use the following:

<http://www.englishockey.co.uk/page.asp?>

<https://www.accesssport.org.uk/flyerz-hockey>



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